

COMMUNION

May 2, 2015

Communion is a practice that is meant to be observed over and over throughout the life of a Christian. It is a holy time of worship when we corporately come together as one body to remember and celebrate what Christ did for us and to look ahead expectantly for His return.

- We observe Communion because **the Lord told us to**. We are to obey His commands:

*“Why do you call Me, ‘Lord, Lord,’ and do not **do what I say**? Luke 6:46 (NASB)*

***For I received from the Lord that which I also delivered to you**, that the Lord Jesus in the night in which He was betrayed took bread; 1 Corinthians 11:23*

*and when He had given thanks, He broke it and said, “This is My body, which is for you; **do this in remembrance of Me.**” 1 Corinthians 11:24*

- In observing Communion we are **remembering Christ** and all that He has done for us in his life, death and resurrection:

*and when He had given thanks, He broke it and said, “This is My body, which is for you; **do this in remembrance of Me.**” 1 Corinthians 11:24*

- In observing Communion we are **proclaiming His death** until He comes. It is, then, a statement of faith also:

*For as often as you eat this bread and drink the cup, you proclaim the Lord’s death **until He comes.** 1 Corinthians 11:26*

- When we observe Communion we show our **participation in the body** of Christ. His life becomes our life and we are united with Him and other Christians:

*Is not the cup of blessing which we bless a **sharing in the blood of Christ**? Is not the bread which we break a **sharing in the body of Christ**? ¹⁷ Since there is one bread, we who are many are **one body**; for **we all partake** of the one bread. 1 Corinthians 10:16-17*

*so we, who are many, are **one body in Christ**, and individually members one of another. Romans 12:5*

- When observing Communion we take time to **examine ourselves**:

*But a man must **examine himself**, and in so doing he is to eat of the bread and drink of the cup. 1 Corinthians 11:28*

